

# OOMPH!



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## Sustainability at Scale

Getting older adults more active in  
their communities





skillsforcare  
**Active iQ**



# Oomph!

 +  +  = 360°  
MIND BODY SOUL OF WELLBEING

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Transforming community exercise

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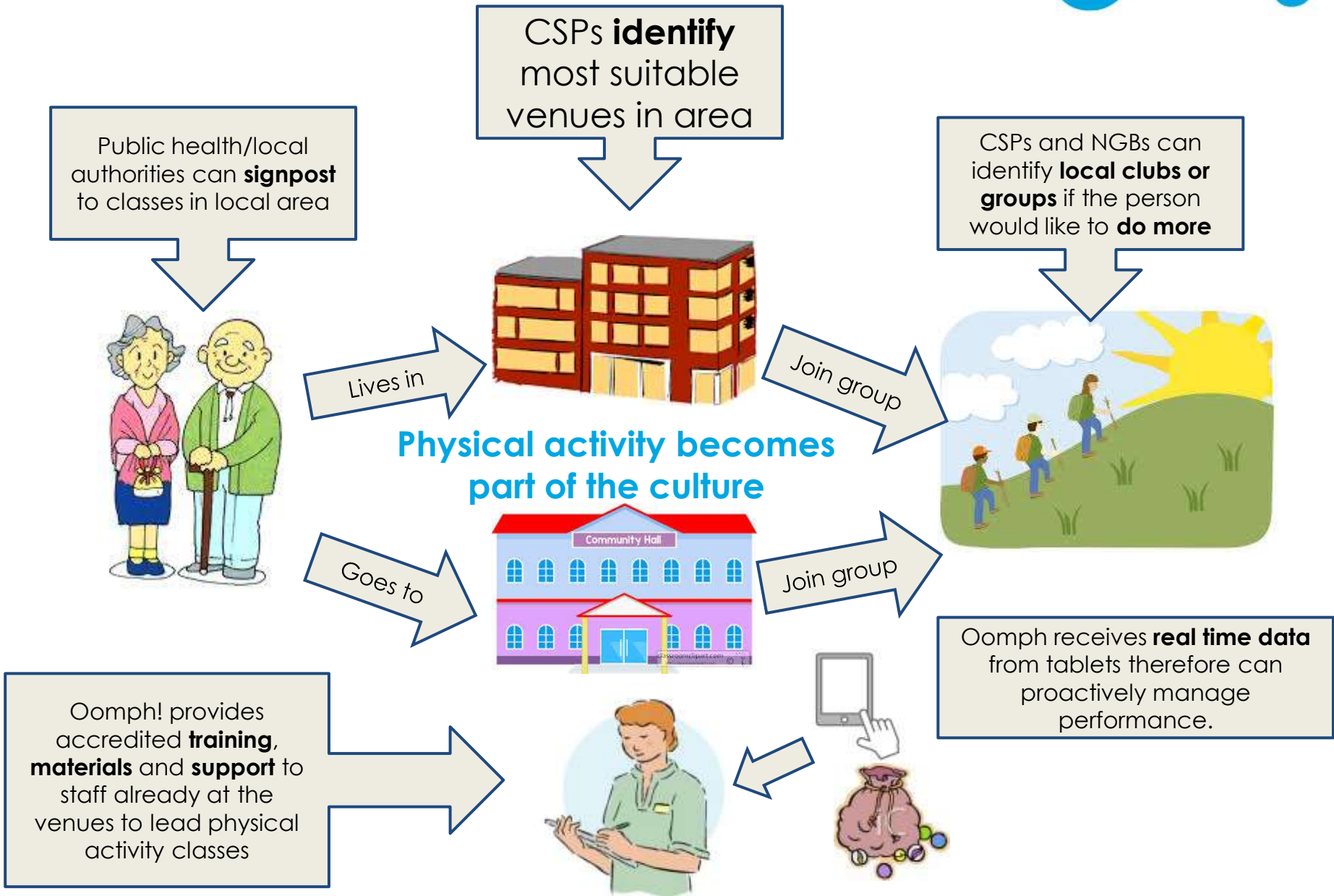


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